New Members Guide to Club Meets Attendance

Meets:

It can be a daunting experience with lots of 'first time' questions that you might be initially wary of asking. We don't want anyone to feel left out, so this document aims to cover the majority of what you need to know to get yourself booked onto a club Meet and guidance to maximise your enjoyment:

THE MOUNTAIN CLUB

BUT if in doubt ask.

How does it work?

- Planned Meets List published on the website/app early in the year and includes a variety of Day, Weekend and longer meets near and far.
- Winter often includes Mountainous terrains for snow, ice etc. like The Lakes, Snowdonia and Scotland for winter mountaineering experiences.
- We usually stay in British Mountaineering Council (BMC), Climbers Club (CC) or other club huts.
- In warmer months Meets can be under canvas and spread more widely over the UK and sometimes abroad to experience a wide range of outdoor adventures.

All info regarding Meets (except short notice Ad-Hoc ones) are listed on the Website/app. The "Meets at a Glance" are listed here and details of each event are here.

Weekend meets

The event will have the Meet Host's name and details of campsite/hut and expected costs (approx. £5 - £15 per night camping or £7-20 per night in a hut). Select RVSP to book a place.

Huts: £5 -£15pn Pay deposit on booking to confirm place- Host will contact you directly and confirm details

Time: generally Friday evening til Sunday afternoon

Travel: On own or car share – liaise with Host especially if ferries or long distances involved.

When I get there: Booking made in club name (or Host)

Campsites: Club will be in a specific area.

Daytime: Activity in groups as per conditions and

Evenings: Often pub nearby for food, socialising and planning next day, otherwise use facilities.

Day Meets:

- Similar but with less co-ordination involved.
- The Club may send out short notice of day meets via WhatsApp, Facebook or email.

What do I need to take?

Always:

Your normal outdoor kit for the activity:

Plus: you will need to take all the equipment, food and clothes to be self-sufficient at the venue unless otherwise stated. This includes all medications, toiletries etc.

Camping;

This means tent, sleeping bag and mat, cooking and eating equipment etc.

NB - We want the meets to be as social, inclusive and coordinated as possible so if you have your own plans or would like to be included in other peoples then please do speak up. Experienced members will always try to make sure everyone is involved in the weekend activities. Speaking to the Meet Host is a good way to make sure you're not missing out. If there are a number of people interested in doing the same thing then a consensus will be gained using the expertise and knowledge in the assembled group. If the weather is not suitable for climbing then if there is a local indoor wall we will usually take that option

Hut or Hostel:

Pillow and sleeping bag, clothes and equipment plus food/drink, everything else will be in situ and shared with the other residents. Sleeping will typically be in mixed dormitory rooms, often with either bunk or 'alpine' beds – i.e. mattresses on the floor or on a low raised platform.

Everything is very informal operating on a first come, first served basis – just put your stuff on a bed/area of mattress when you arrive. There may be separate gents/ladies toilets and showers, but usually they are unisex.

Can I bring guests/ children?

- Some Meets are on a 'Members first' but normally 'the more the merrier' so we're happy to welcome guests and accompanied children.
- Meet Host will liaise regarding space availability.
- Non-members surcharge of £2 pppn in Huts. (Tbc)
- Child protection: BMC guidance used: All children MUST be accompanied by their parent/guardian throughout the meet.
- We ask all parents/guardians to remember that members expect that young people are ready for communal living and remain as well behaved/occupied as practical.

What level of experience do I need to have?

<u>The Mountain Club does not operate as a training organisation, therefore any guidance or coaching is done on a 'personal advice' basis rather than an organised activity on behalf of the club.</u>

The Mountain Club was founded to help encourage people to experience everything the outdoors has to offer and every effort will be made to include less experienced members to help them participate fully in any activities.

That said all members should be mindful that the more experienced members will also have their own specific objectives meaning novices will need to be prepared to set their own realistic targets to get the most out of meets. In a nutshell, whenever possible, everyone will try to help and bring on the skills and experience of each other, whilst still achieving what they set out to do.

"The Mountain Club is a British Mountaineering Council (BMC) Affiliated club. The BMC recognises that climbing, hill walking and mountaineering are activities with a danger of personal injury or death. Participants in these activities should be aware of and accept these risks and be responsible for their own actions and involvement. Any person participating in any activity under the auspices of The Mountain Club accepts this approach to responsibility and risks. It is the responsibility of each participant to assess the risk of their intended activity, and to decide whether to proceed. Consideration should be given to;

- Personal experience, knowledge and fitness
- Weather, including avalanche risk
- Terrain
- Medical requirements
- Appropriateness of kit "